



# LIVER & BACON CASSEROLE

Recipe Sheet No 9

Hampshire Farmers Markets Recipe Cards



Recipe supplied by: Trudie Bowtell

## Ingredients

1lb liver  
1 rounded tbsp plain flour  
2 onions  
1/4 lb streaky bacon  
1/2 oz lard  
3/4 pint beef stock

## Method

Slice liver thinly and coat with flour  
Trim bacon and fry gently until cooked  
Place in casserole dish.  
Add fat to frying pan, brown onion, add liver and fry quickly.  
Transfer liver and onions to casserole  
Add remaining flour to frying pan. add stock. bring to boil and pour into casserole  
Cover and cook at 350deg (gas 4) for 1 and 1/2 hours